



Before you start embroidering

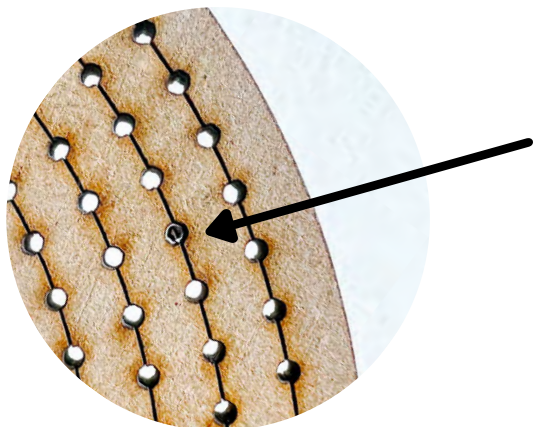
www.thoughtsinvinyl.com

You can choose to paint or leave your shapes bare wood. If you paint, I **ONLY** recommend using spray paint. I prefer Rustoleum or Krylon brand spray paint. In my opinion, they have the best coverage.

Before you start embroidering, make sure your paint has completely cured, or you will leave finger prints on it.

The reason I don't recommend using a paint brush/roller/foam brush, is because paint will get in the embroidery holes and then your needle and thread will not fit.

 trust me on this one 



There will be some holes that didn't fall out. They are cut, but you may need to push them out with your needle before you start.

Supplies you will need

www.thoughtsinvinyl.com



size #5 embroidery needle

This is the needle size that you need, you only need one needle.



embroidery floss

I like the brand, DMC. You will use all 6 stands. There are lots of different color available.



scissors

Any sharp scissors will work great!

Getting Started

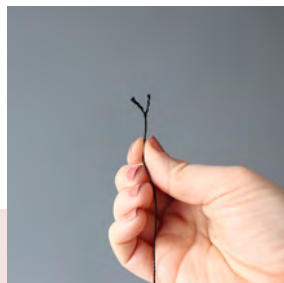
www.thoughtsinvinyl.com

THREADING THE NEEDLE

Wet the end of the thread, flatten with teeth or fingers, and insert. You may find it easier to divide the threads in half and insert each half into the eye separately.

Don't worry if it takes a few tries to master this step!

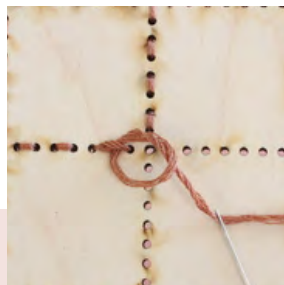
TIP: if six strands is too difficult to thread, you can separate them and embroider with less



SECURING THE THREAD

Begin by triple knotting the end of your thread (or simply holding it for the first few stitches). To finish, take your needle under a nearby stitch, create a loop, and pull your thread through the loop- do this twice.

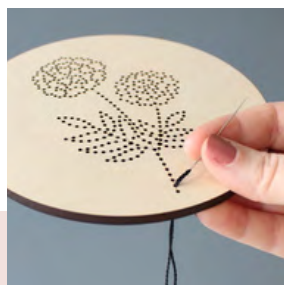
TIP: it's time to finish and secure your thread when there's about 6" left. You'll learn to anticipate it!



FOLLOW ALONG

Always begin stitching from the underside of your wood. If your pattern includes the woven wheel stitch, start there. Otherwise you can begin wherever you'd like and follow the pattern around the piece.

TIP: Each hole is specifically sized based on the amount of thread passing through- don't double your thread



Stitches Used:

- Backstitch
- Woven Wheel
- Lazy Daisy
- Colonial Knot

*your shapes may not use all of these stitches








for video tutorials visit the link below or scan the QR code
www.thoughtsinvinyl.com/embroidery-stitches




STITCH GUIDE

www.thoughtsinvinyl.com


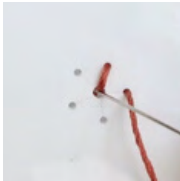

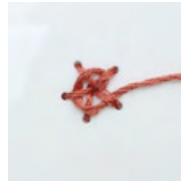

BACK STITCH

STEP 1	STEP 2	STEP 3	STEP 4	STEP 5
				
Bring your needle up through the second hole in the line	Take your needle back down through the first hole	Pull it tight and you have your first backstitch!	Repeat this process by coming up through the next hole	And going back down through the previous hole

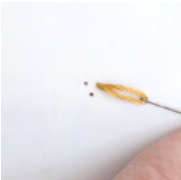
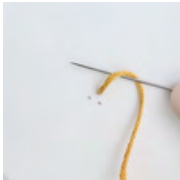
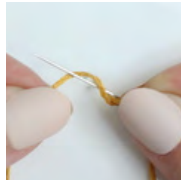
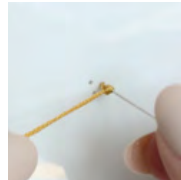
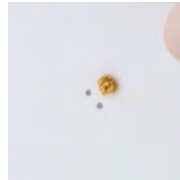
LAZY DAISY

STEP 1	STEP 2	STEP 3	STEP 4	STEP 5
				
After backstitching, bring your needle up through the hole at base of the leaf/petal	Go back down through the same hole to create a loop, using one finger to hold the thread taught	Bring your needle up through the hole at the tip of the leaf and put your needle through the loop	Pull gently until the loop is the right size. Take your needle back down through the tip hole taking care not to snag on the loop thread	You have your first completed stitch! If you've pulled too tightly, just use your needle to loosen the shape of the leaf

WOVEN WHEEL

STEP 1	STEP 2	STEP 3	STEP 4	STEP 5
				
Bring your needle up through one of the wheel "spokes" and go down through the center	Repeat this for all 5 spokes	Come up through the center and begin weaving by going under the first spoke and over the second	Alternate going over and under the spokes as you work your way around the circle, pulling gently as you go	Once your flower fills up, go down through any of the spoke holes. "Fluff" your flower with your needle to hide any holes

COLONIAL KNOT

STEP 1	STEP 2	STEP 3	STEP 4	STEP 5
				
Bring your needle up through the hole	Loop your needle under the thread	Pinching the loop with your right hand, grab the hanging thread and bring it over the needle	Put your needle back through the same hole, gently pulling on the thread with your left hand	Push the needle all the way through the hole and pull tight